Balint groups in family medicine: a space for liberty, equity, and human connection

In a primary care setting where freedom, fairness, and humanism are central, the Balint group offers a unique space to explore the relational dynamics between caregivers and patients.

By promoting active listening, collective reflection, and the sharing of experiences, the group enables participants to challenge biases, inequalities in access to care, and the ethical implications of daily practice.

Through its interactive and multidisciplinary approach, it strengthens professional solidarity and encourages a more empathetic and patient-centred approach to medicine, in line with the fundamental values of primary care.

THURSDAY, JULY 2, 2026

	ROOM 252 B	ROOM 253	ROOM 223 M	ROOM 224 / 225 M	ROOM 231 / 232 M
8:00 - 9:00	Implementing digital lifestyle coaching at scale: supporting behaviour change and reducing long-term condition burden in primary care	Drama proof your life in general practice and beyond...	More than a headache: an escape room challenge providing practical migraine update for gps	Balint Group workshop: a humanistic approach of the patient and an experience of equity and fraternity	Heart and arteries
9:00-9:15	***MOVEMENT BREAK***				
9:15 - 10:15	Covid and respiratory diseases	Cultural influences on the experience of menopause	Nature prescribing in primary care: current practices and future prospects	PCDE workshop on chronic kidney disease: a step-by-step, evidence-based, practical approach in primary care	Disseminated medical education
10:15 - 10:45	***COFFEE BREAK***				
10:45 - 11:15					
11:15 - 11:30	***MOVEMENT BREAK***				
11:30 - 12:30	Sexual Health	Making Sense of COPD	CardioMetabolicRenal (CMR) Disease - Why call it CMR and what can we do in prevention of the world's most important cause of disability and early death?	"Pump it up!" Large-scale clinical simulation to strengthen first-responder skills in family doctors	Gastroenterology
12:30 - 1:45 pm	***LUNCH BREAK AND SYMPOSIA***				
1:45 - 2:45 pm	Pediatrics	Lifestyle medicine and sleep - evidence, interventions, and health impacts	Balancing values in obesity care: from guideline development to implementation	One health in daily practice: a game-based workshop on sustainable clinical decisions	Pelvic Pain
2:45 - 3:00 pm	***MOVEMENT BREAK***				
3:00 - 4:00 pm	Deaf people care	**Wonca Europe Open meeting**	Development of new primary care focussed guidelines: a successful ESPCG process	Engaging patients and the public in co-designing a vision for primary care	Continuity of care saves lives, but is falling - how you can increase continuity in your primary care setting